

Internet Safety

A GUIDE FOR TEACHERS AND PARENTS

PRACTICAL TIPS TO KEEPING KIDS SAFE ONLINE



**Utah Child
Protection
Registry**

donotcontact.utah.gov

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2014

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CHAPTER ONE

THE AGE OF DIGITAL PARENTING

NOW WE HAVE TO DIGITAL PARENT, TOO?

As parents, one of our most important jobs is to keep our children safe and healthy. We worry about them on their first day of school, when they get their drivers license and when we drop them off at college. Our hope is that we have taught them well enough to be a good person, stay away from danger and always be cautious in new situations. Since the Internet, parents have a whole new world in which they need to teach their children how to be safe and responsible.

This new world isn't easy to navigate or stay informed on because it is constantly changing. Parents need all the help they can get to stay educated on the digital world and to keep their family safe.

This E-booklet will give tips on setting rules for online use, give information on social platforms that kids are using and supply ideas on how to make a child's online experience as safe as possible.



“You know the only people who are always sure about the proper way to raise children? Those who've never had any.”
-Bill Cosby, Actor



CHAPTER TWO

HAVING THE “TALK”

AGE APPROPRIATE TIPS

It is never too early to talk to your kids about Internet safety. Children as young as 2 are using tablets, cell phones and computers these days. Parents who talk to their kids about safe Internet use on a regular basis are more likely to have kids who understand what is expected of them online. Below are some tips on how parents can help keep their kids safe online on a daily basis.

2 – 8 years old

- Sit with your children and supervise them closely while on the device.
- Set clear rules for length of computer time and what sites/apps are appropriate to visit. Allowing them to only use bookmarked sites is a good way to control what sites they can visit.
- Talk about “strangers” that are online and why it is important to not give out any personal information to them or to chat with them in any form.
- Go to www.netsmartzkids.org for some short, fun videos and e-books for this age group regarding specific subjects on internet safety.

AGE APPROPRIATE TIPS

9 – 12 years old

- Have the computer in a common area.
- Talk to your kids about cyberbullying. Help them understand the consequences of saying hurtful things online. Just like on the playground, there are bullies in the digital world.
- Set clear rules about what is appropriate to post online in regards to pictures, language, personal information, etc. Talk to them about the longevity of their actions and how it may affect them in the future.
- Explain to them the consequences of file sharing and downloading music, games and movies.
- Make sure your kids check with you before purchasing or downloading anything on the Internet.
- Tell them to never share their passwords except with you.
- Let them know to never open an email from a stranger because it may contain a virus and harm the computer.
- Ask them to tell you if a stranger is contacting them online immediately.
- As a parent, you should learn how the social networking sites that your child is using work and participate on them as well. It is good to have your own social networking sites so that you are educated on how to use the sites and to watch your kid's activity on theirs.
- Have your entire family sign a "Family Internet Safety Contract".

13 – 18 years old

- Follow all of the above.
- Talk to your teens about the dangers of online gambling and other illegal and harmful activities that can be done online. (Prescription drugs, pornography, tobacco and alcohol sites.)



Although 71 percent of parents said they had talked to their children about online behavior, only 44 percent of children agreed that they had. – Pew Internet Research

CHAPTER THREE

5 THINGS YOU CAN DO TODAY

5 STEPS TO SAFETY

STEP 1:

Register for the Utah Child Protection Registry! You can protect your email addresses, cell phone numbers and instant messenger ID's from companies marketing alcohol, tobacco, pornography, online gambling and illegal drugs. Its fast, safe and FREE!

donotcontact.utah.gov



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5 STEPS TO SAFETY

STEP 2:

Turn on the Safe Searches Feature in your search engine. Google, Bing and YouTube have built-in safety features that will prevent inappropriate sites and content from appearing on the screen when your child conducts a search.



Visit the Search Settings page at www.google.com/preferences.

In the SafeSearch filters section, check the box next to Filter explicit results to filter sexually explicit video and images from Google Search result pages, as well as results that might link to explicit content.

Make sure to click the Save button at the bottom of the page.

Turn SafeSearch on or off

1. Visit the Search Settings page at www.google.com/preferences.
2. In the "SafeSearch filters" section, check the box next to "Filter explicit results" to filter sexually explicit video and images from Google Search result pages, as well as results that might link to explicit content. If you choose to leave it unchecked, we will provide the most relevant results for your query and may serve explicit content when you search for it.
3. Make sure to click the **Save** button  at the bottom of the page.

If you're signed in to your Google Account, you can also lock the SafeSearch filter so others don't change it by clicking **Lock SafeSearch**.

BING

HOW TO TURN ON SAFE SEARCH:

- Go to <http://www.bing.com/preferences.aspx>. You will see that the first section is the **Safe Search** section. Here you can click **Strict Filter** to filter out adult text, images and videos.



General settings These settings apply to all of your searches.

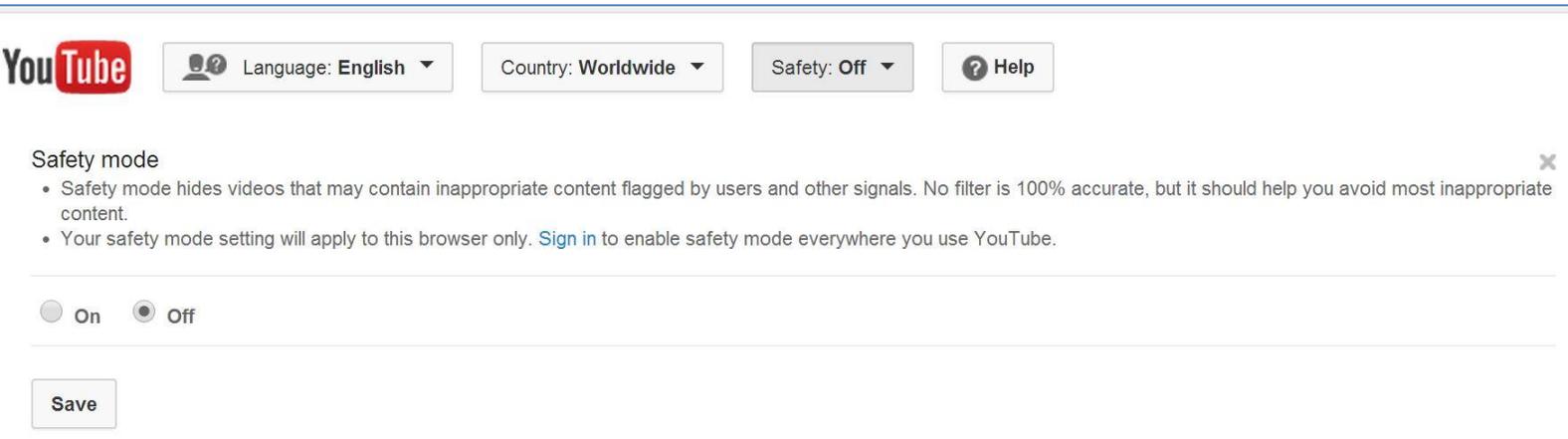
SafeSearch Filter adult content from your search results.

- Strict** Filter out adult **text, images, and videos** from your search results.
 - Moderate** Filter adult **images and videos** but not text from your search results.
 - Off** Don't filter adult content from your search results.
-

YOUTUBE

HOW TO TURN ON SAFE SEARCH:

- Go to [Youtube.com](https://www.youtube.com). Scroll down to the bottom of the page. You will see a tab that says **Safety**. Click the arrow and a drop down menu will appear. Click **On** and **Save**.



The screenshot shows the YouTube interface at the bottom. On the left is the YouTube logo. To its right are four menu items: 'Language: English', 'Country: Worldwide', 'Safety: Off', and 'Help'. Below these is a 'Safety mode' notification box with a close button (X) in the top right corner. The notification contains two bullet points: 'Safety mode hides videos that may contain inappropriate content flagged by users and other signals. No filter is 100% accurate, but it should help you avoid most inappropriate content.' and 'Your safety mode setting will apply to this browser only. [Sign in](#) to enable safety mode everywhere you use YouTube.' Below the notification are two radio buttons: 'On' (unselected) and 'Off' (selected). At the bottom left of the notification area is a 'Save' button.

5 STEPS TO SAFETY

STEP 3:

Check your computer for child safety features. Most computers already have parental controls and filters built-in.

HOW TO SET UP SAFETY FEATURES

CLICK THE LINK FOR STEP-BY-STEP
INSTRUCTIONS:

- [MAC COMPUTERS](#)
- [IPHONE](#)
- [IPAD](#)
- [iTUNES](#)
- [WINDOWS COMPUTER](#)
- [XBOX](#)
- [ANDROID](#)

MAC SAFETY FEATURES

Not only should parents have control over individual apps that their children use, but most importantly they should have control over the actual computer itself. Before a child, tween or teen gets on the home computer, parental controls must be installed. Below is a “how to” regarding programming parental controls on a MAC computer.

Before administrating any parental controls, you will need to set up an account to do so. Follow these steps to set up your account.

- Go to **System Preferences** and select **Users & Groups**.
- Click the **Lock** icon at the bottom of the screen.
- Enter the administrator’s name and password and click **OK**.
- Click on the (+) button and **select Managed With Parental Controls** from the New Account menu.
- Fill in the remaining fields with your information and click **Create User**. Your controlled account is now ready.
- To begin configuring the parental controls click the **Open Parental Controls** button at the bottom of the Accounts window.

MAC SAFETY FEATURES



You will begin by deciding what your children can and can't use on the computer.

Click on both boxes next to **Use Simple Finder** and **Limit Applications**. This will allow users to only be able to use the necessary menus and applications such as the Help menu, email and Safari.

Next, you can choose what age appropriate apps they can use. If you didn't click the box next to **Use Simple Finder**, then you can use the **Allowed Apps** section to specifically choose what they can and can't use.

MAC SAFETY FEATURES



Next a parent can put limits on the type of web access their children can have.

You have three options to choose from: No restrictions, limit their access by using the filters Apple provides which will screen out mature content or customize the websites you would like your children to have access to.

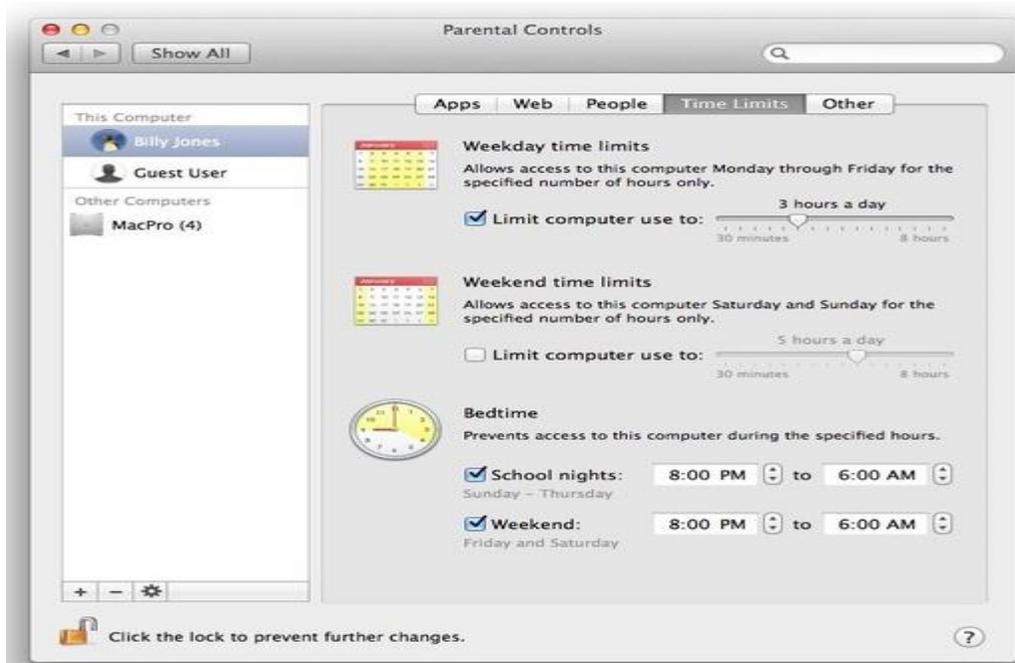


MAC SAFETY FEATURES

Under the **People** tab is where you can choose who your child can and can't communicate.

For Mail and Messages, you click the (+) sign to add addresses or chat names to a sheet that appears.

Under **Limit Mail** you have the option to have permission requests sent to you before your child receives a message from an unapproved address or name



Under the **Time Limits** tab, you can allow specific times for your child to be able to use the computer.

You can decide how much time your child spends on the computer during the week and weekends separately, as well as prevent access during specific times.

Your child can keep track of how much time they have left by clicking on the menu bar's clock.

MAC SAFETY FEATURES



The last tab, **Other**, is self explanatory except for the last one.

No, your child can not change the password and keep you from getting into their account. As the administrator of the account you have the ability to change that account's password. Just select it in **Users & Groups**, click **Reset Password**, and enter and confirm a password of *your* choosing.

Lastly, in the **Apps**, **Web**, and **People** tabs is **Logs**. Just click on the **Logs** button, and a sheet appears that contains four entries—Websites Visited, Websites Blocked, Applications, and Messages. In this area you can read logs that detail what each user has been up to.

IPHONE AND IPAD SAFETY FEATURES

If owning an Apple iPhone or iPad is in your child's future, here are some safety features you can activate on your own.

- Go into the **Settings** app and choose **General** and click on **Enable Restrictions**. This will then prompt you to create a four digit code that you will need to know when making future changes. **Make sure you write this code down because you will not be able to access restrictions in the future without it and it is not easy to retrieve it once lost.**
- Once you have done that you can turn off the apps you do not want your child having access.



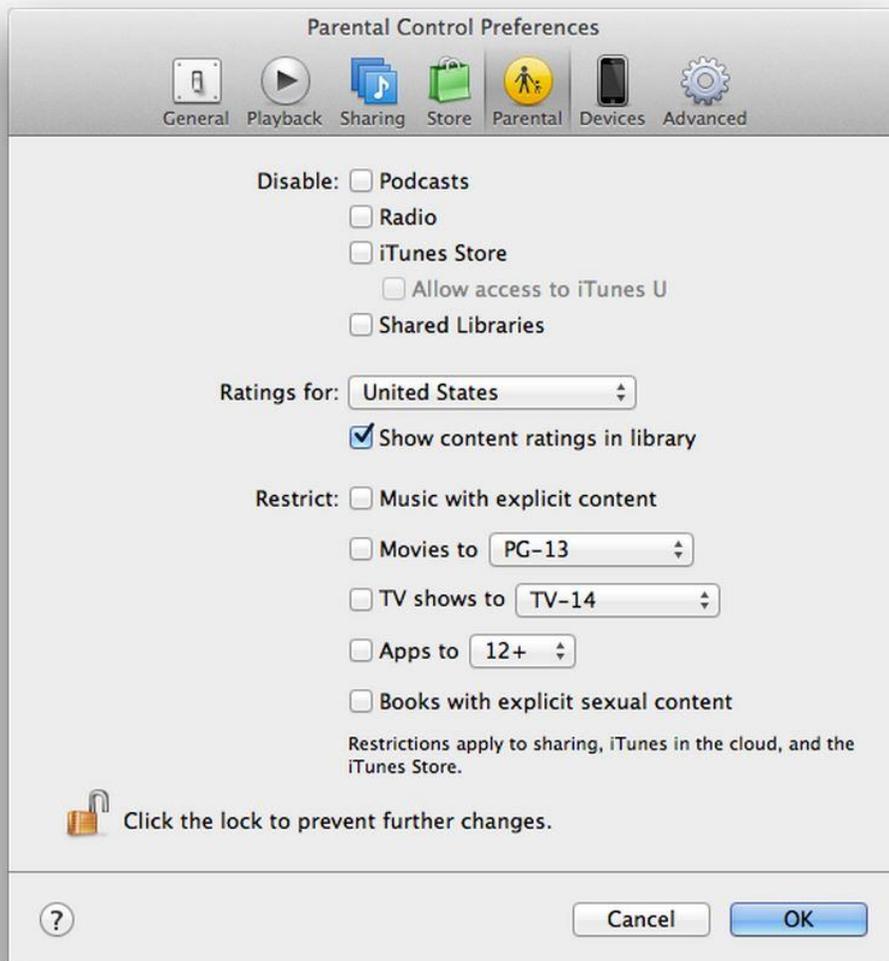
Things to Note:

- These restrictions are only helpful if your child is the sole user of the device. You won't be able to set certain restrictions for certain users.
- There is no way to restrict your web browser other than turning it off completely. You can download safe search apps from iTunes store that filters searches automatically.
- Your child can still download apps that you may not approve of. The only way to prevent it is to turn off the app store and/or restrict apps to download by age requirement. See iTunes Parental Control to learn how to do this.

ITUNES SAFETY FEATURES

In order to restrict music, movies, apps and podcasts that your child downloads, you will need to take advantage of the iTunes parental control features. To do this you need to:

- Go into iTunes and click on **iTunes Menu** for Mac and **Edit** for PC users.
- Click on **Preferences**. You will now see a pop up box that will have a **Parental** tab located on the top.



ITUNES SAFETY FEATURES

You can disable podcasts, radio and the iTunes store altogether if you don't want your children to be able to purchase anything. You can set your ratings limits on movies, TV shows, music, apps and books.

- Click on the **Padlock** icon to prevent further changes from these settings.
- It will ask you to input your computer password. Note: this is different from your iTunes password. Once this is done your settings cannot be changed again without the password so make sure you write it down.

Things to Note:

- These settings will apply to all users on this iTunes account. If you wish to download material that does not meet these restrictions then you will need to change your settings in order to do so.

ANDROID SAFETY FEATURES

It is now a staple for children, before they even become teenagers, to be given their first cell phone. It is much more difficult to monitor what your kids are doing and seeing on a cell phone than a computer, because they take it everywhere with them. Below are some tips on how to set up parental controls on an Android phone.

- Go to your Market app and click **Menu**. Then click the **Settings** button.
- Click on the pull down menu under **Content Filtering**. Here you can select the maturity level that you, or your child, will be allowed to download.
- Click the **LOCK** icon or the **Set** or **Change PIN** option in order to setup a password to lock your settings.

Things to Note:

- Unfortunately, the above control is the only feature that the Android has on the actual phone. In order to keep your child safe while using the Internet you must install other parental control apps onto the phone. Here are some examples of apps you can download:
 - Net Nanny
 - MamaBear
 - My Mobile Watch Dog
 - Screen Time: Parental Control
 - MM Guardian
 - Canary
 - Norton Family
 - Kids Place

WINDOWS SAFETY FEATURES

Not only should parents have control over individual apps that their children use, but most importantly they should have control over the actual computer itself. Before a child, tween or teen gets on the home computer, parental controls must be installed. If using a Windows computer you can set limits on the hours that your children can use the computer, the games they can play, and the programs they can use. You can use Parental Controls to help manage how your children use the computer. Below is a “how to” regarding programming parental controls on a Windows computer.

Turning On Parental Controls

- Before you set up any Parental Controls, you will need to set up an administrator account. Additionally, you will need to make sure each child has a standard user account.
- Open Parental Controls by clicking the Start button, then click on **Control Panel**, and then under User Accounts and Family Safety, click **Set Up Parental Controls For Any User**. You will be asked to type in your administrator password.
- Click the standard user account that you want to set Parental Controls for. If this account isn't set up yet, click **Create A New User** Account and set up a new account.
- Under Parental Controls, click on **Enforce Current Settings**.
- Once you have turned on the Parental Controls feature, you refine what you would like to control: Time limits, games and programs.

WINDOWS SAFETY FEATURES

Time Limits

Here you can choose which hours your children can use the computer.

- Open Parental Controls by clicking the Start button.
- Click **Control Panel**.
- Under User Accounts and Family Safety, click **Set Up Parental Controls For Any User**. You will be asked to type in your administrator password.
- Click the account that you want to set time limits for.
- Under Parental Controls, click on **Enforce Current Settings**.
- Click **Time limits**.
- In the grid, click and drag the hours you want to block or allow.

WINDOWS SAFETY FEATURES

Games

In regard to games, a parent can block all games, specific games that they choose, games based on age ratings and/or games based on content ratings.

- Open Parental Controls by clicking the Start button, then click **Control Panel**, under **User Accounts** and **Family Safety**, click **Set Up Parental Controls For Any User**. You will be asked to type in your administrator password.
- Click the account that you want to set limits for.
- Under Parental Controls, click on **Enforce Current Settings**.
- Click **Games**.
- Under **Can User Play Games?** Click **No**.

OR

Under **Can User Play Games?** Click Yes. Next, under Block (or allow) Games By Rating And Content Types, click **Set Game Ratings**. Lastly, under Which Ratings Are Ok For (person's name) To Play? Select a ratings level.

Under **Can User Play Games?** Click Yes. Next, under Block (or allow) Games By Rating And Content Types, click **Set Game Ratings**. Lastly, under **Block These Types Of Content**, select the content types you would like blocked.

Under **Can User Play Games?** Click Yes. Next, under Block (or allow) Any Game On Your Computer By Name, click **Block or Allow Specific Games**. Lastly, find the game that you would like to block and select **Always Block**.

WINDOWS SAFETY FEATURES

Programs

You can use Parental Controls to choose which specific programs your child can use.

- Open Parental Controls by clicking the Start button and click **Control Panel**.
- Under User Accounts and Family Safety, click **Set Up Parental Controls** For Any User. You will be asked to type in your administrator password.
- Click the account that you want to set limits for.
- Under Parental Controls, click on **Enforce Current Settings**.
- Click **Block Specific Programs**.
- Click **User Can Only Use The Programs** I allow. Next, click the programs that you want to allow. If a program you want to allow is not on the list, then click **Browse** to locate the program.

XBOX SAFETY FEATURES

Not only do parents have the opportunity to limit their children's cell phones and computers, but they can also supervise access to games, movies and television content through Xbox 360 parental controls. These parental controls allow you to manage which games can be played, which movies and TV shows can be watched, how long family members can use the console and whether or not someone can access Xbox Live.

Turning On Parental Controls on Your Xbox 360 Console

Parental controls are divided into two groups: console controls and [online safety and privacy settings](#). Console controls are located in the Family Settings or Family Center area on your console.

To turn on console controls:

- On your console, go to **Settings** and select **Family**.
- Select **ON** to turn on the Console Safety.
- Enter a 4 button passcode using your controller and **Save and Exit**.

To set pass code if you do not have one:

- Go to **Settings**, Select **Account** and then **Account Security**.
- Select **Pass Code** and using your controller enter a 4 button code by pressing X, Y, the triggers, the bumpers and the directional pad.
- Enter your code again to confirm.
- Once the **Console Safety** is turned on, click on each "box" below to set ratings and content, any timers you would like installed as well as other Xbox Live settings.

XBOX SAFETY FEATURES

Changing YOUR Safety and Privacy Settings

- On your console, sign in to your Xbox Live account.
- Go to **Settings** and select **Privacy**.
- Select **Change Settings** and select **Customize**.
- Change your settings to your preference and press B and then **Save and Exit**.

Changing Your CHILD'S Safety and Privacy Settings

- Sign in to Xbox Live using an adult account.
- Go to **Settings** and select **Family**.
- Select the child's account you want to manage.
- Go to **Online Safety** and select **Change Settings**.
- Change the settings to whatever you prefer and press B and then **Save and Exit**.

XBOX SAFETY FEATURES

Setting up the Family Timer

The Family Timer can limit the amount of time that your family can use the console on a daily or weekly basis.

- On your console go to **Settings** and select **Family**.
- Select On to turn on **Console Safety**, enter your pass code and select **Family Timer**.
- Select whether you want to set a Daily or Weekly timer.
- Go to the time period and use the left stick to increase or decrease the time and select Continue, then **Save and Exit**.

To add time or suspend the Family Timer

- When a Family Timer notification appears, press the **Guide** button to see the Family Timer options.
- Enter your pass code using your controller.
- Choose to add more time, suspend the timer, or turn the console off.

5 STEPS TO SAFETY

STEP 4:

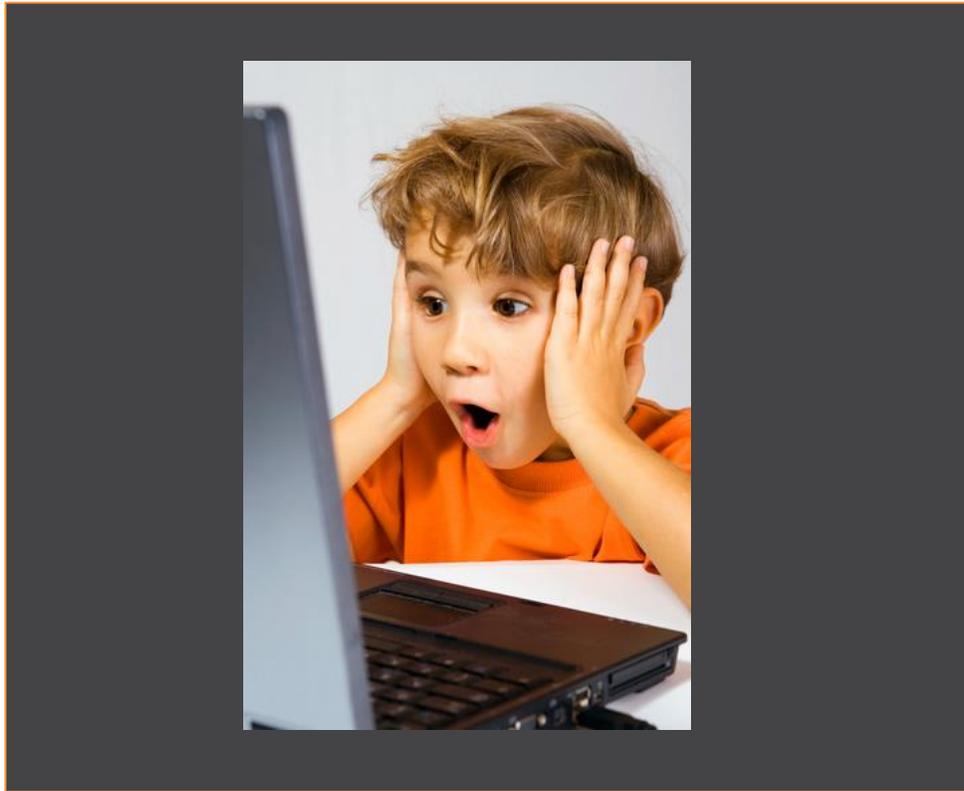
Install a filter. There are several free filters online. Here are just a few:

[K9 WEB FILTER](#)

[OPEN DNS](#)

[NET NANNY](#)

[NORTON](#)



63 percent of teens said they know how to hide what they do online from their parents. - Harris Interactive-McAfee Study 2008

5 STEPS TO SAFETY

STEP 5:

Continue the conversation. Parenting in the digital world is a challenge. You cannot possibly be everywhere at once.

In order to help keep your kids safe while online, get educated and talk openly about issues they may face on the Internet and social media.



“The greatest gifts you can give your children are the roots of responsibility and the wings of independence.”
- Denis Waitley, Author



CHAPTER THREE

SOCIAL PLATFORMS YOU SHOULD KNOW

TIPS: FACEBOOK SAFETY

Parents should learn how Facebook works, be a participant on Facebook and make sure their family is using the privacy settings correctly. Below are some helpful tips on how to keep your family safe while using Facebook.

Talk to your children about:

- Helping you learn how to use Facebook if you are a first-time user and creating your page.
- Not posting any personal information on Facebook, such as their phone number, address, location and inappropriate pictures, videos and posts.
- Thinking before they post a status, picture or video. Have them ask themselves would this be something I wouldn't mind my parent, teacher or future employer seeing.
- What cyberbullying is and how it can affect others. Let them know that they need to come to you if they feel like they are being bullied online or if someone is sending them messages that make them uncomfortable.
- Not sharing their password with anyone but you.
- Only accepting a friend request from people they know.
- If they are going to be on Facebook, then they need to be "friends" with you as well.
- Make sure your family is properly using all of the privacy settings on Facebook. You can go to the pages seen below on Facebook and determine who can contact you, who can see your posts and only allow friends to tag you in pictures after your approval.

Privacy Settings and Tools

Who can see my stuff?	Who can see your future posts?	Friends	Edit
	Review all your posts and things you're tagged in		Use Activity Log
	Limit the audience for posts you've shared with friends of friends or Public?		Limit Past Posts
Who can contact me?	Who can send you friend requests?	Friends of Friends	Edit
	Whose messages do I want filtered into my Inbox?	Strict Filtering	Edit
Who can look me up?	Who can look you up using the email address you provided?	Everyone	Edit
	Who can look you up using the phone number you provided?	Everyone	Edit
	Do you want other search engines to link to your timeline?	Yes	Edit

Timeline and Tagging Settings

Who can add things to my timeline?	Who can post on your timeline?	Only Me	Edit
	Review posts friends tag you in before they appear on your timeline?	On	Edit
Who can see things on my timeline?	Review what other people see on your timeline		View As
	Who can see posts you've been tagged in on your timeline?	Friends	Edit
	Who can see what others post on your timeline?	Friends	Edit
How can I manage tags people add and tagging suggestions?	Review tags people add to your own posts before the tags appear on Facebook?	On	Edit
	When you're tagged in a post, who do you want to add to the audience if they aren't already in it?	Friends	Edit
	Who sees tag suggestions when photos that look like you are uploaded?	Friends	Edit



- General
- Security

- Privacy
- Timeline and Tagging

Blocking

- Notifications
- Mobile
- Followers

- Apps
- Ads

Manage Blocking

Restricted List

When you add friends to your Restricted list they can only see the information and posts that you make public. Facebook does not notify your friends when you add them to your Restricted list.

Block users

Once you block someone, that person can no longer see things you post on your timeline, tag you, invite you to events or groups, start a conversation with you, or add you as a friend. Note: Does not include apps, games or groups you both participate in.

Block users

Block

You haven't added anyone to your block list.



59 percent of parents have talked to their children because they were concerned about something posted to social media. – Pew Internet Research

TIPS: TWITTER SAFETY

[Twitter](#), like Facebook, has become one of the most popular social media applications for tweens and teens. As a parent, you should learn how to use Twitter and talk to your children about how to be safe when using it. Below are some tips for parents on how to talk with children about being responsible when tweeting.

Talk to your children about:

- Helping you learn how to use Twitter if you are a first-time user and creating your account.
- Not tweeting any personal information on Twitter, such as their phone number, address, location and inappropriate pictures, videos and posts.
- Thinking before tweeting a status, picture or video. Have them ask themselves would this be something I wouldn't mind my parent, teacher or future employer to see.
- Not sharing their password with anyone but you.
- Making sure they log out completely when finished using Twitter.
- What cyberbullying is and how it can affect others. Let them know that they need to come to you if they feel like they are being bullied online or if someone is sending them messages that make them uncomfortable.
- Not allowing them to make their tweets public. You can require that their tweets need manual approval from them or you by changing the settings on the Default Account Settings page. By doing this, you can also control who is "following" them on Twitter as well.

TIPS: SNAPCHAT SAFETY

[SnapChat](#) is a social media app that allows the user to send a picture that will then delete itself after a few seconds. The person receiving the picture can take a screenshot of the picture but it notifies the sender that a screenshot has been taken.

SnapChat has been criticized by many Internet safety experts as a tool for sexting. Sexting is sending sexually explicit messages via cell phone or instant messenger. Parents should be aware that this could be going on so decide accordingly whether or not you will allow your child to use this app.

Talk to your kids about:

- What goes on the Internet stays on the Internet. SnapChat creates a false sense of security that your images are deleted but kids should know that those pictures are being stored somewhere. Nothing is ever really deleted.
- The dangers of sexting. Children don't often understand the harmful effects of sharing compromising photos of themselves. Sharing those pictures can result in bullying, low self-esteem and harming their online reputations.

TIPS: SNAPCHAT SAFETY

Here are a few ways to set up safety features on SnapChat.

- Go to **Settings** inside the app and choose to only allow **My Friends** to send you snaps. Otherwise anybody can send you pictures. Make sure you click **Save**.



- If someone on your friend list is sending you snaps that you do not want to receive, you have the option of blocking that person. To block someone find their name in your list of friends, swipe to the right, click **Edit** and click **Block**. That friend can no longer send you photos in Snapchat.



TIPS: ASK.FM SAFETY

Ask.fm is a question and answer type forum where users can anonymously (or not) ask questions to other users. You can typically find questions like “Who is your favorite celebrity” or “What is your favorite song?” but the fact that users can stay anonymous when asking questions and commenting on it makes it ripe for cyberbullying.

Here is what parents should [know](#) to keep their teens safe:

- Unlike other social media platforms, Ask.fm does very little to ensure that the offensive comments or hate language posted on the site are deleted.
- Questions that are inappropriate should never be answered and teens that are targeted by abusive comments should block and report the user immediately.
- The ability to be asked questions anonymously is the default feature of ask.fm. Teens should disable this feature in order to avoid receiving questions from users wishing to remain anonymous.
- If a teenager is feeling uncomfortable with any of the questions or comments, parents should strongly encourage them to disable their accounts.
- Parents should talk regularly with their teens about cyber bullying and monitor which sites their kids are socializing on. Parents wouldn't feel like they are invading their child's privacy by asking them who they are hanging out with on the weekends so parents should be asking these same questions about who their kids are talking to online.

The greatest deterrent to cyberbullying is active and engaged parents. Keeping up on the newest social media platforms is never easy but it's critical to keeping your teens safe and growing up happy.

TIPS: KIK SAFETY

[Kik](#) is an instant messaging app that is similar to texting but users have the option of talking with individuals or groups within a social networking environment. Users can also use Kik to send photo, files and greeting cards. It combines texting with a social network.

Here is what you should know about Kik:

Users are supposed to be age 13 or older. This is because it is not compliant with COPPA (Children's Online Privacy Protection Act) requirements of specific features for a website designed for children, meaning those 12 and under. Kik states, "Children under the age of 13 are prohibited from having a Kik account by the Kik Terms of Service." The site has no age verification requirement.

Because of the above, **Kik does not have parental controls.**

What if your kid is on Kik and you want them off? Parents of kids who are under age 13 who have a Kik account must submit a deactivation request to Kik via email with the subject line 'Parent Inquiry'. Kik then sends the parent a deactivation request form, which can be returned to Kik for processing.

TIPS: TUMBLR SAFETY

[Tumblr](#) is a streamlined blogging platform that is extremely appealing to teenagers. This is an extremely visual platform that allows users to put together picture collages and blogs in a very graphically appealing way. Chances are kids have at least looked through this platform if they have not gone as far as creating a profile.

Here is what you should know about Tumblr:

Tumblr is not allowed for children 12 and under. If a child signs up using an age that is under 13, it will not allow she/he to set up an account. Having said that, it is not hard to get around the age requirement.

Because this platform is not allowed by Tumblr for children under the age of 13, finding inappropriate pictures is pretty easy. All one would have to do is search a topic and very quickly parents can see why this is not a site for kids. **We recommend keeping kids off or at the very least talk to them about concerns with this website.**

Tumblr does give you the ability to block sites that are deemed NSFW (Not Safe for Work) from appearing in their newsfeed but it still does not stop children from finding the inappropriate content if they are looking for it.

If a child experiences cyberbullying on Tumblr, **the site has made it possible to report and block the offending user.**

TIPS: INSTAGRAM SAFETY

[Instagram](#) is a photo sharing social platform. Users can upload their photos via a mobile app and share it with their followers. This platform has grown enormously popular over the last year and is a favorite among teens.

What you need to know about Instagram:

Instagram will only allow you to create a profile if you are over the age of 13. The user must provide an email address and create a username. There is no age verification process to ensure kids under age 13 aren't using Instagram.

A child can set their profile to private which means only followers can see and comment on their pictures. A follower must send a request and be approved by the user in order to gain access. **If the user does not manually change profile to private any Instagram user can view their profile.**

Talk to kids about who they should add as followers. Remind them to never allow strangers to follow their profile.

If your child is being harassed on Instagram they can **block the offending user from being able to see and comment on their photos.**

TIPS: VINE SAFETY

[Vine](#) is a seven second video-sharing mobile platform. Videos are uploaded and shared from a mobile device to followers. Kids like it because they share videos instead of just pictures.

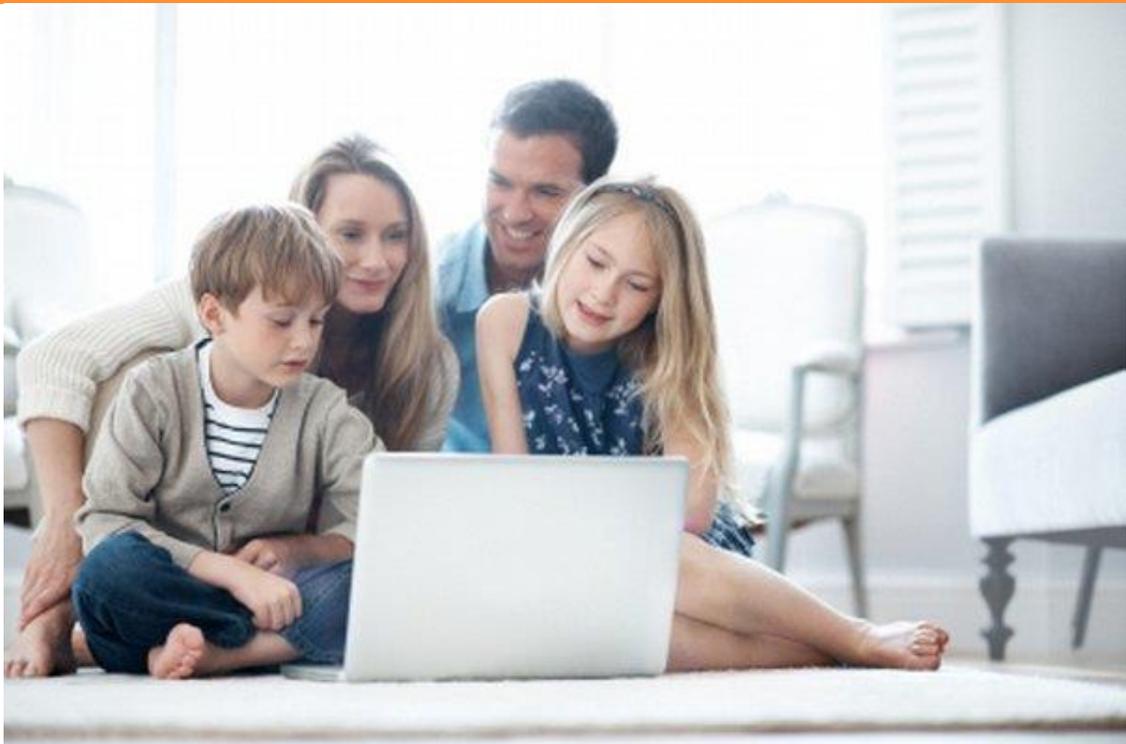
Here is what you need to know about Vine:

- **Since Vine is not a paid app iTunes does not notify you when it is downloaded.** Your child could be on the site without your knowledge. The user only needs an email or twitter account to sign up.
- Like many of the other social platforms Vine will not allow the user to set up an account if they are under the age of 13. **There is no age verification system** in place and a user only needs to put in a false birthday in order to obtain an account.
- There is no way to make a profile private. **Anyone can see a child's videos and a child can browse any videos that are posted.**
- **Vines that are deemed inappropriate are marked with a gray box but a child only needs to click through it in order to view the video.** Since the inappropriate content rating is tagged by Vine admin it is possible that a child will see highly vulgar content before it has been flagged by the moderators.



“Raising children is a creative endeavor, an art rather than a science.”

-Bruno Bettelheim



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CHAPTER THREE

TECHNOLOGY CAN
BE A POSITIVE OR
NEGATIVE
INFLUENCE IN
YOUR CHILD'S LIFE.
WHICH WILL YOU
CHOOSE?

SIGN UP FOR UTAH'S CHILD PROTECTION REGISTRY TODAY

Go to donotcontact.utah.gov to protect your email, cell phone numbers and instant messenger ID's from adult oriented marketing. Its safe, fast and best of all FREE for Utah schools and families!



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